

## Tips for Potty Training: 16-36 Months

If your child is showing most of these signs, develop a potty routine. This is not an easy task for a parent or a child; so try to keep a sense of humor.

- Do the same things in the same order every day.
- Use a timer to remind you (and your child) to go potty about every hour to start with.
- Put the potty chair in the bathroom. Dump contents of diaper into potty chair or toilet to show its purpose. Let the child see a family member of same sex using the toilet.
- Give your child a special toy to hold/play with while on the potty. Stay with your child while in the bathroom. Praise your child for “trying” even if not successful.
- Teach girls to wipe front to back to avoid urinary infections.
- Let your child flush and wash hands.