

Creating Art: Ages 5-Kindergarten

Giving your child chances to create art work helps:

- Act as a building block to writing
- Increases her creativity
- Allows her to express herself



Ideas to try with your child:

- Have your child use a lot of different art materials: chalk, crayons, finger paints, pencils, pens, fabric, shells, dried pasta, glue, tape, string, newspaper or beads!
- Draw or paint on various materials such as cardboard boxes or empty food containers.
- Roll toy car wheels in paint then roll them onto paper or boxes to create wheel patterns and prints!
- Form animals, buildings, or figures with play dough or clay.

FUN TIP: Add shaving cream and food coloring to white glue. When it dries it will have a puffy and colorful effect!

If your child is struggling:

- Work on an art project together rather than only supervising her work.
- Find books with different types of art ideas/projects to find out what interests your child.
- Make paint stamps using raw fruits and vegetables that are cut in half. (Oranges, apples, broccoli, grapes, bananas)

Going further:

- Have your child explain her artwork to others, talking about what she did and why.
- Visit an art gallery or exhibit at a coffee shop, community center or church.
 - Have your child talk about what she sees and how it makes her feel.

The WA State Department of Early Learning and the Richland School District believes that parents, families, and caregivers are young children's best teachers. This resource guide, part of *Strong Foundations for School: Resource Guides for Parents of Young Children*, highlights a key developmental skill for **children of Kindergarten age** that parents can help improve at home.